



HealthReach

# Welcome to MaterniCare

MaterniCare is a maternity management program specifically designed with the health of you and your baby in mind – and it's available to you at no additional cost.

The program is voluntary and will provide you with valuable information and additional benefits to help with the transition from pregnancy to parenthood.



## A Healthy Baby Needs a Healthy Mom!

What to expect while expecting - in the MaterniCare program:

- A brief health risk assessment
- A comprehensive guide to what to expect during pregnancy, delivery and baby care
- Complimentary educational materials specific to your needs
- Necessary nutrition and exercise
- Newborn safety
- Access to a dedicated maternity nurse



**This program is not intended as a substitute for the professional health, medical or prenatal care you receive from your physician.**

A dedicated maternity nurse is available for consultation from enrollment through six weeks after delivery.

There are no obligations to complete classes, and all information shared is confidential.

Enrollment in the MaterniCare Program is available through week 34 of gestation.



Enroll Today!

**1-800-582-1535**

**Ext. 3297**

**OR**

**Scan the QR Code**

