



Your HealthReach Nurses



Focused on your total well-being!

This free service from your employer provides a dedicated nurse focused on supporting you to help slow the progression of existing issues and prevent new ones.



Dedra Green
BSN, RN
HealthReach Nurse
Care Manager



Sue Wettrich
BSN, RN
HealthReach Nurse
Care Manager

Members, spouses and dependents over 18 years can work with a HealthReach Nurse Care Manager for free.

This exciting program provides you with:

- Personalized coaching from your dedicated Personal Registered Nurse
- Conversations at times convenient for you, based upon your schedule
- Education materials and resources on any current condition
- Assistance in meeting personal wellness goals
- Support in becoming a healthier you!

How will we connect?

FIRST

Receive letter from your nurse

Your Nurse Care Manager sends a letter introducing themselves and the program and lets you know that they will call you soon.

SECOND

Receive phone call from your nurse

When your nurse calls you to discuss the program, take the call. The phone number will appear as a (410) area code but the nurses live in Ohio. She can enroll you if you decide to join the program.

All aspects of HealthReach are confidential and not shared with your employer.

Or you can self enroll:

- Call us at (800) 582-1535
- Or scan QR code to schedule

